

Serves 10 • Serving size: approximately 3 shrimp with
½ tbsp. Cilantro-Lime Dipping Sauce



COOK: 12 minutes

date
me

Tupperware®

SmartSteamed SHRIMP

1 lb./455 g frozen raw large tail-on shrimp, peeled and deveined

1. Place half the shrimp in SmartSteamer Colander Tray and remaining half in Steamer Base.
2. Fill Water Tray with 1¼ cups/400 mL water. Place Colander Tray over Steamer Base and place Steamer Base over Water Tray.
3. Cover and microwave on high power 12 minutes or until shrimp are pink and opaque. Serve warm.

Cilantro-Lime Dipping Sauce (makes 8 tbsp.)

PREP: 4 minutes

- ¼ cup cilantro
- 1 garlic clove, peeled
- 3 tbsp. extra virgin olive oil
- 1 tbsp. honey
- ⅓ tsp. coarse kosher salt
- 1 lime, juiced using Zest 'N Press® Gadget

1. Place cilantro and garlic in base of Chop 'N Prep Chef, cover and pull cord several times to finely chop.
2. Mix together all ingredients in 1-Qt./1 L Micro Pitcher.
3. Cover and microwave on high power 1 minute. Sauce will thicken slightly as it cools.

Nutritional Information (per serving):

Calories: 90 Total Fat: 3.5g Saturated Fat: 0g Cholesterol: 85mg Carbohydrate: 1g Sugar: 1g Fiber: 0g Protein: 10g Sodium: 210mg Vitamin A: 0% Vitamin C: 2% Calcium: 0% Iron: 0%

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